

Cooperative



Discover

& do

HOME LEARNING

iCAN personal goals

Early Years
Milepost 1

Cooperative



At iCAN we work and learn together and understand that different people will have different roles in a group. This means we will be able to think about the needs of the group and work with others to meet them.

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Challenge 1: Mirror, Mirror

- This game requires two players.
- You need to face each other and decide who is going to be the leader.
- The leader will then have 60 seconds, during which they should move slowly and deliberately. Your partner must mimic the movements, as if they are a mirror image.
- The leader can make faces, wave their arms or legs, turn side to side, stand on one foot, re-tie a shoe, or anything they can imagine (within reason).
- It should be a silent activity, and the leader should move slowly and smoothly enough so that their *mirror images* can follow along in sync. After 60 seconds you and your partner should switch roles so that you have both been the leader.



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Challenge 2: Home Obstacle Course

- Create an obstacle course using items that you have at home, e.g. sofas, chairs, tables, bean bags, pillows, etc (You can make it as easy/challenging as you like).
- Plan a route for the obstacle course so that it starts from one obstacle and ends on a different one.
- Holding hands with your partner, can you make it through the obstacle course without letting go?



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Challenge 3: Family Portrait

- This is a challenge for the whole family!
- To begin everyone needs to **fill** their paper with a picture of their own face.
- Everyone can choose the art medium (pens/paint/pencils/collage etc) that they would like to use on their own face.
- When all of the faces have been finished, collect them and cut them each into 4 equal pieces.
- Mix the pieces and work as a group to reconstruct the portraits using 4 different pieces from 4 different people.
- Glue the 4 different pieces together on one piece of paper to create a new face.
- While you are working talk about what it means to cooperate and how you have shown cooperation in this challenge.



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Challenge 4 : Family Doodle

- This is a challenge for the whole family!
- Everyone needs a piece of blank paper and some doodling tools (crayons, markers, pencils).
- On the **GO** signal, each person doodles on their own paper for 30 seconds. Everyone then passes their paper on to the person next to them. The 30 seconds begins again and this time you add to someone else's doodle.
- Continue passing around the table until the doodles are returned to the original artists. At the end, take time to explain what you can see in your family doodle.



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Challenge 5: Balloon Bop

- This game can be played with 2 or more players (the more the merrier)!
- You need to stand in a circle and all hold hands.
- A balloon is dropped into the circle and players see how many times they can hit the balloon into the air without losing connection (everyone in the circle must continue holding hands) and without the balloon hitting the ground! This will require that the circle move and players work cooperatively to keep the balloon in the air.
- Players may touch the balloon with hands, arms, heads, shoulders, chests, or knees—but not their feet. If the balloon falls to the ground or is touched by someone's foot then you need to start the count all over again!



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Challenge 6: Pick up straws

- Cooperative Pick Up Straws
- This challenge is for 2 or more players.
 - For this challenge you need some straws. Your challenge is to work together to clear up all of the straws. You need to pick up a straw without disturbing the other straws. Each person takes a turn trying to remove a straw without touching or moving any of the other straws.



- Standing Straws
 - Working in a team and using only straws, make a structure as high as possible that will stand by itself for at least 1 minute. How high can you make it?

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Challenge 7: Sculpture Deco

- Look through your recycling and see what interesting items you can find.
- Think of a theme for your sculpture? Maybe you can link it to your learning journey unit at the moment!
- Using the resources and your theme can you work with a partner to create a sculpture within one hour. How original can you be?



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Challenge 8: Team Charades

- This game requires four or more players.
- Each team needs to have two or more players in them.
- Each team has two minutes on the clock.
- One member of the team should act out a movie title, song.
- This player is not allowed to talk!
- The other member of their team needs to guess what they are acting out.
- If they guess within the allocated time they get one point.
- The next team can then get their turn.

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To inspire every child to recognise their full potential, believe they can make a difference and respect themselves, others and the world in which they live.