

Dear Parents and Carers,

We are almost at the end of the school year and it really feels like this year has passed like the speed of lightening.

Yet again our iCAN students and community have made us feel incredibly proud. They have met challenges head on, have stepped outside their comfort zones and achieved personal and community goals. The physical challenges have included children, parents and staff swimming and kayaking across the Mekong River last weekend, staff and children running in the Kep Trio, our KS3 students sand-surfing in Mui Ne, Vietnam, our Swim Team competing at Northbridge and our first ever whole school Sports Day. We are also so impressed in the ability of the iCAN community to think and act as members of a wider global community in the concern and empathy they show for others. This has been particularly evident in the fundraising that has taken place within the community to support a school rebuilding programme in Ofunato, Iwate prefecture in Japan following the earthquake and tsunami which devastated the area recently.

**Ms. Lori**

*... continued on back page*

Cambodia Triathlon Federation presents  
**SPRINT  
AQUATHLON**  
Sunday May 8th 2011

## DIARY DATE REMINDERS

### April

- 18th** Start of TB6
- 20th** RC Class Assembly
- 25-29th** No clubs this week
- 27th** Child Led Conferences
- 30th** Olympic Pool swim meet

### May

- 4th** 1J Class Assembly
- 11th** KS3 Assembly
- 12th** Teacher Training Day (no school)
- 13th** King Norodom's Birthday (no school)
- 18th** RV Class Assembly
- 21st** KS1 Family event
- 28th** EYFS Family event

### June

- 2nd** Clubs finish
- 3rd** Reports sent home
- 7th** KS3 Exhibition
- 8th** KS3 Farewell & Formal
- 10th** End of TB6

### Key Stage 3 in Vietnam



*Check out the  
KS3 photos  
on pages 12-13.*

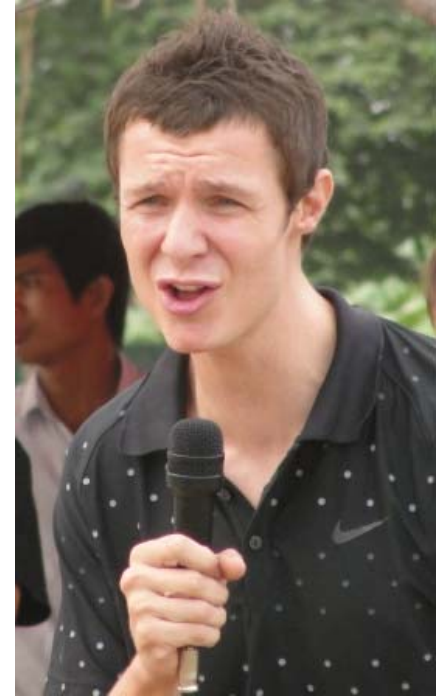
## ... STOP PRESS ... STOP PRESS ...

Child Led Conferences will take place on

**Wednesday 27th April**

Please come to school with your child at the time you have been allocated to enjoy their Child Led Conference.

# Sports Day Key Stages 1-3



Mr. Rowdie organised an incredible Sports Day. We all had lots of fun!



So many different activities ... the sack race, the egg and spoon race ... and let's not forget the modelling – thanks Y7 girls.

To inspire every child to recognise their full potential, believe they can make a difference and respect themselves, others and the world in which they live.

# Sports Day **Key Stages 1-3**



Cheering,  
clapping,  
tugging,  
jumping,  
throwing,  
running ... you  
name it,  
we did it.



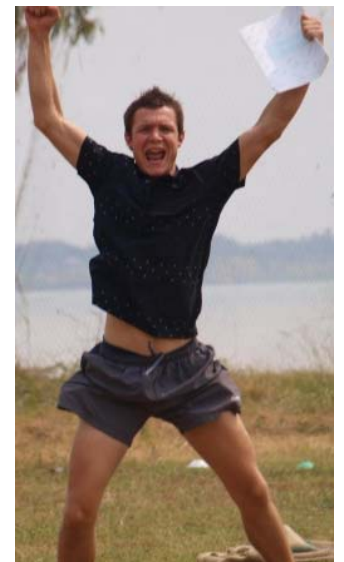
All the adults joined in too.  
The parents raced and  
tugged ... Ms. Michaela  
bounced the highest ... Mr.  
Paul tugged the hardest ...  
and Mr. David  
fell over in the most  
spectacular fashion!



Mr. Rowdie  
rocks!

Mr. Rowdie  
rocks!

Mr. Rowdie  
rocks!



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# Sports Day **Early Years**



The Y8/9 Sports leaders helped to organise and run the EYFS Sports Day with Mr. Rowdie.



The children from Nursery and Reception enjoyed their own mini Olympics. They all deserved gold medals!



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# Northbridge Athletics Track Meet



Our Y5, Y6 and some lucky Y4's were invited to join NISC, ISPP, Hope, Logos & CIA at the Northbridge Athletics Track Meet.



Our students were great examples of what a good team should be. They supported each other, they tried their hardest and Mr. Rob Cody the NISC Elementary Principal told us how impressed he was that the students from iCAN were the only students who went and picked up all the rubbish at the end of the athletics meet.



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# Book Week Reading Buddies



We had a wonderful time in Book Week sharing books with children from different classes.



Lots of children visited iCAN PLAY to read with the youngest members of our iCAN family.



Once upon a time ... and they lived happily ever after.



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# Book Week **Our favourite books!**



The KS1 team and children came back to school in the evening in their pyjamas to enjoy stories by candlelight. Check out Ms. Michaela's PJ's! We also came to school dressed as our favourite book characters. We all loved the Rainbow Fish and Mr. Strong.



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# Book Week **Once upon a time ...**

Introducing ... The Scarecrow from 'The Wizard of Oz' and her friends 'The Princess and the Pea' and a couple of Oompa Loompa's who escaped from Roald Dahl's 'Charlie and the Chocolate Factory'.



The iCAN PLAY team looked amazing.



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# Book Week ... happily ever after.



Thomas the Tank Engine and his friends bumped into the Giant from Jack and the Beanstalk and The Tinman.

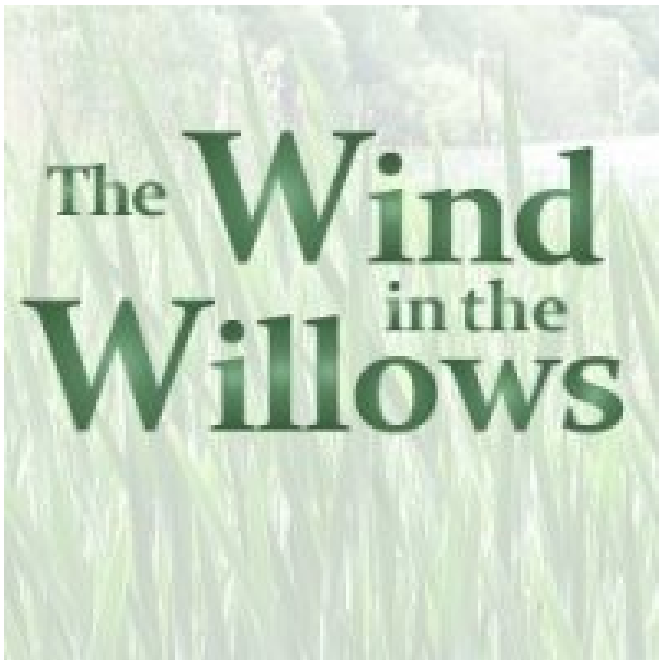


It was hard to judge the best costumes but the Oompa Loompa's won best adult costumes.

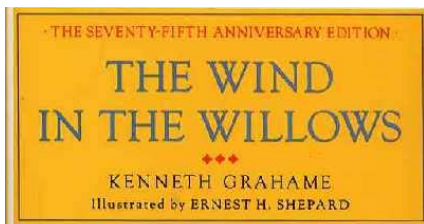


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# Key Stage 2 Production



A review in the Phnom Penh Pest said 'Nick (Toad) was spectacular. Congratulations on a wonderful performance - great to have seen it!'



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# The Wind in the Willows

WHAT A PRODUCTION Mole was magnificent, Toad was terrific, Ratty was ravishing and Badger was brilliant. The stoats were super and KS2 were just fabulous.



## Bravo!

A huge thank you to the KS2 team for putting together a show worthy of the West End or Broadway. It was truly a team effort.



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# Key Stage 3 Vietnam Residential



It was great to see that every single KS3 student signed up to join this year's adventurous residential visit to Vietnam. It was an action packed week covering Ho Chi Minh City, Cat Tien National Park and Mui Ne.



We even got the opportunity to camp in the National Park, toast marshmallows on a campfire ... and we also saw some HUGE old trees!



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# Key Stage 3 Vietnam Residential



Ms. Rosaleen was unable to join us in person as she was in hospital in Bangkok, but that did not stop her cardboard doppelganger popping up at every opportunity.



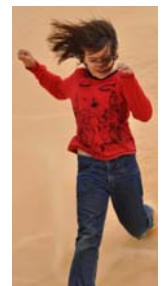
Food, glorious food!

... and AWESOME sand surfing!

We all can't wait until next year.

The little beams of sunlight shone through the sheer material of the tent and slowly crept into our eyes. We awoke to the sound of chirping cicadas and the slight rustling of dew-drenched leaves, mingled with laughter. We left the campsite and embarked on our journey to Dao Tien Primate Centre by crossing the meandering, green river that wove between the two isles of dense forest. The sweet smells of evergreen trees filled our nostrils as we entered the primate centre. Beautiful sirens orchestrated through the trees, alerting us of the primates' presence. As we tiptoed gingerly up the steep steps of the viewing platform, we were amazed at the gibbons' acrobatic movements as they swung gracefully from branch to branch. Watching the gibbons warmed your hearts and made us realise what we could do to save these endangered beauties. When we arrived at the hotel, splendor and luxury popped into our minds. After a quick change we jumped into a lukewarm swimming pool. The water injected into our bodies and revitalised our spirits. As the sun set we sat down to a beautiful array of indulgent delicacies which tickled our taste buds and filled our stomachs with joy. Reflecting back on our day we had amazing experiences that will live with us forever.

*Winning creative writers from Room 501*



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# Key Stage 3 Math Challenge



Year 7 and 8/9 have studied ratio and proportion as one of their topics in Math this teaching block. As part of the unit they thought of real life situations where it's important to get the ratio and/or proportion correct. To prove that Ms. Adele (their Math's teacher) wasn't talking a load of waffle Year 8/9 were asked to design and make their own smoothies, developing their own ratio of ingredients in pairs and then adjusting the proportion of ingredients according to how many were ordered by the teachers. By the second attempt they had been perfected.

Year 7 had a different brief as we looked at proportion and how important it was. They were given a recipe for pancakes and had to adjust it to make different numbers of pancakes, all the while keeping the ratio of ingredients in direct proportion. When the time came around for them to make their pancakes, some brave children even had a go at tossing their pancake!

Lots of Math skills were practised by both year groups including measuring, converting units, factorising and multiplying.



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# Key Stage 3 DT Challenge



Year 7 have studied a unit on Food Technology this teaching block and have focused on salads. They have learnt how to cut various vegetables safely and correctly, getting quite creative with their presentation of the cut vegetables! They have had demonstrations by executive chef, Run from K'NYAY, on making salad dressings and have visited Vego restaurant to see real life examples of salad production and sales. This week sees the culmination of their learning in a Master Chef style challenge ... check out the next iCAN Times for the results!

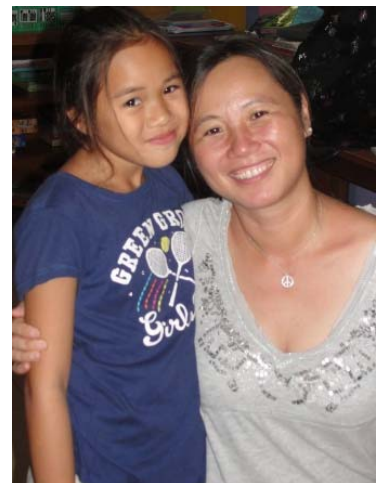


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# Mothers Day Massage



Ms. Nour had a fabulous idea... she suggested that we invited our Mums in for a Mothers Day massage. Our Mums loved it and so did we!



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# Family Social Tuk-tuk Race



WOW, this was so much fun! 30 teams raced around Phnom Penh in Tuk-tuks trying to solve clues in an effort to be the top team and win great prizes and we raised \$400 to donate to Epic Arts and Camkids.



Ragina, Melvin and their Mum, Srey Noun were the winning team. Thanks to The Red Piano, K'NYAY, Luna and iCHING for donating the spectacular prizes, to Ms. Louise for organising it and Dom Sharpe for keeping us all laughing on the day.



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# Triathlon Federation Aquathlon

iCAN's very own Mr. Rowdie and Mr. Narak are the driving force behind the newly formed **Cambodia Triathlon Federation**. So far they have been to the Philippines to train and Thailand to compete.



Cambodia Triathlon Federation presents

# SPRINT AQUATHLON

Sunday May 8th 2011

- 8.00am Mens Sprint Aquathlon
- 8.30am Womens Sprint Aquathlon
- 9.00am Boys & Girls Mini Aquathlon

Cash prizes for Cambodian Nationals in Mens and Womens race also prizes for best U20 years category finishers

Next month they are organising Cambodia's first ever Aquathlon, which consists of a swim in the Olympic Pool followed straight away by a run around the Olympic Stadium complex. If you want to find out more you can check out their page on FaceBook or contact either of them at School. Come and join this energetic event!

## PhnomPenh

Men & Womens Sprint Aquathlon 750m Swim 5k Run  
10-15 year olds Mini Aquathlon 250m Swim 2.5k Run

Cambodian Nationals 2000 riels Children 1000 riels  
Foreign Nationals \$10 Children \$5

OLYMPIC SWIMMING POOL

[www.facebook.com/pages/Cambodia-Triathlon-Federation/186444194731174](http://www.facebook.com/pages/Cambodia-Triathlon-Federation/186444194731174)

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# EPIC Arts Updates

Dear Lori and the iCAN gang,

I hope that you and all the students are well and the start of the year has been good to you.

We are keen to keep our sponsors up to date with the projects their students' are participating in on the course. Please find attached an outline of Roath's training for October – December last year. I am really pleased that the students and their families got a chance to meet him in December. It was lovely having some of Year 5 with us a few weeks ago too. We are very proud of the programme and the progress of all the students and we really couldn't have done it without the support of their sponsors.

I hope to send you updates every three months of the students work throughout the course of your sponsorship. Please don't hesitate to get in touch if you have any other information requests or ideas.

Thanks for being a part of this incredible journey. I'm so pleased that you all decided to be a part of this.

Kind regards

Hannah

## October - December .....

Circus skill development, show creation and tour facilitated by REACH & Phare Ponleu Selpak

During the final few months of the year, the students took part in a project funded by Handicap International, collaborating with 3 Australian circus performers from REACH and 3 Cambodian circus teachers from Phare Ponleu Selpak. The main objective of the project was to develop and create a circus based performance piece to raise awareness about persons with disability and their ability to participate in civic and electoral processes, not to support a specific political party.



The students participated in 4 weeks of circus skill development with each of them choosing a different skill to focus on including hula hoops, juggling, plate spinning, acrobatics, diabolo and unicycle. For a further 3 weeks the team then put these skills into a 35 minute show entitled Lets go to Vote! The show talked about how important it was for people to access their right to vote and focused on the fact that people living with disabilities have the same right to vote as those without.

The team then toured the performance in Kampot, Phnom Penh and Battambang, performing 7 times to approximately 3000 people.

The project was a huge success, with all students enjoying their new skills and being model artists whilst on tour. It was a fantastic collaboration with two great organizations and we certainly hope to work with Phare Ponleu Selpak again in the future to develop the circus work further.

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# Olympic Pool

The following swimmers are currently members of the **iCAN SWIM SQUAD:**

**Year 3**

James, Aarun & Ellen

**Year 4**

Les, Donald, Alex, Mariamawit, Gawon, Roseanne & Lehkena

**Year 5**

Vuthy, Jamie, Theo, Serinya, Jet, Ying, Alex, Chivann, Eli, Amy, Tokna, Cameron & Phannita

**Year 6**

Jack, Li Lien, James & Nathan

**Year 7**

Jakamo, Adi, Mai, Ellie, Socheata & Emily

**Year 8**

David, Sarah, Matteo, Lily, Jonah, Chettha, An, Olivia & Sowon



Our next swim meet of the year will be held at the Olympic Pool on **Saturday 30th April**

7.30-11.30am.

So come along and cheer for your favourite **iCAN TEAM!**

We will be holding trials for the SWIM SQUAD from which we will select the iCAN SWIM TEAM to represent iCAN at this Olympic Pool Swim Meet.

**Olympic Pool Swim Meet  
Saturday 30th April 2011  
organised by iCAN**

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# Mekong River Swim

Thank you to all the volunteers who turned out in force to ensure the MRS 2011 was such a great event for everyone involved! The Swim Team would also like to thank Prek Leap Agricultural College for once again hosting this annual event. The support and cooperation from the Director and his staff at the college has been much appreciated. We hope that we can continue this collaboration in 2012.

**International SOS** (corner of St. 51 & St. 228) who once again provided the medical team (paramedic, nurses & ambulance), without which this annual event would certainly not have been possible. Thanks to Ed, the International SOS nurses and Sue for supporting the MRS once again!



An AEA Company

**The Shop** on St. 240 who provided nourishment post-swim for our intrepid Mekong River swimmers. Thank you for your continued support with the MRS and the sandwiches, Griet!



You will all have seen this amazing piece of artwork promoting the MRS 2011 on posters, in magazines and at the Swim on the t-shirts and banners. A highly talented local artist, **Peap Tarr**, is the person who created this logo. We really appreciate Peap creating and donating such an iconic image for the Mekong River Swim. As you will see from the notice at the bottom of this page, there is a limited edition run of white t-shirts now on sale at both iCAN and K'NYAY for only \$8. Buy them for your family & friends before stocks sell out!



A new sponsor this year, but the plethora of much deserved pizza was certainly welcome by our winners! **Luna d'autunno** on St. 21 provided pizzas for all 1st & 2nd place swimmers in each of the under 18 age groups and for the 4 swimmers in the fastest team! Thank you Elain for donating these.



**K'NYAY** Khmer & Vegan Cuisine on St. 268, played a huge part in the run up to the MRS 2011, as they were one of the two registration points across the city. Not only did Run, Sern & their team at K'NYAY promote and register swimmers for the MRS 2011, they also turned out to volunteer as safety crew at the Swim last Sunday and they donated \$100 worth of K'NYAY meal vouchers to 1st, 2nd & 3rd positions in both the mens and womens +18 years category. Great effort guys!



Last, and by no means least, a MASSIVE thanks to our team here at **iCAN British International School!** After the cancellation of MRS 2010 due to a lack of volunteers, the Swim Team at iCAN offered to take over the organisation of this years MRS. It was a real team effort and over 50 of the iCAN staff and school community volunteered at the Swim on Sunday. iCAN was also the other registration point across the city and their organisation ensured that the event ran so smoothly. The Swim Team at iCAN have already met and begun to plan MRS 2012 ... so put Sunday 1st April 2012 in your diaries now!



**Mekong River Swim 2011**  
t-shirts **NOW** on sale in the  
School office and at K'NYAY  
**\$8**

All profits will be donated to the  
MRS2011 Japan charity.

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## International Primary Curriculum

Mr. David & Ms. Olivia recently attended an IPC Leaders course in Singapore with many teachers from other International Schools in Asia, the Middle East, Africa and Europe. Our next iCAN Times will have some exciting news about our constantly evolving learning journey here at iCAN. Watch this space!

*continued from front page ...*

Some of our parents have been very proactive in this effort and with their help we are hoping that we will be able to build meaningful links with the schools in this area and will be able to show the children who have had their lives turned upside down that the rest of the World does care. If you would like to get involved and support us in raising funds please come and let us know.

We wish you all a safe and happy Khmer New Year.  
*Sur sdei Chhanam Thmei!*

## iSPACE

Remember to check out this amazing resource. It will provide hours of fun learning, for your child (and you!)

You can access it by going to the school website, [www.ican.edu.kh](http://www.ican.edu.kh) and then clicking **iSPACE**

## NEW START TO OUR SCHOOL DAY HERE AT iCAN

At the start of TB6 how we start the day here at iCAN will be changing.

As usual the school gates will open to our children at 7.30am, when they can drop their bags off at their class table and enjoy playing with their friends. At 7.45am most mornings the tambourine will sound to signal the start of 'Wake Up & Shake Up' in the hall. Then at 7.50am Ms. Lori will ring the bells to signal that it is time for the children to make their own way up to their classroom, where their teacher will be waiting to greet them! We hope this new start to the day will ensure that all children are ready to begin their learning journey at 8am each day.

## NEXT ISSUE ...

- **Meet our new teachers**
- **Our iCAN Learning Journey evolves**
- **New classes for 2011-12**
- **Summer School**
- **After School Activities for August revealed**

## OLYMPIC POOL MEET

Saturday 30th April

Come along and support our iCAN Swim Team when they compete against ISPP, NISC and LOGOS International Schools. Warm up starts at 7.30am, first event at 8am!

## CONTACT US...

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