

# Principled

At iCAN we are able to consider the different morals and ethics of what we are learning and how these aspects of our learning influence our own morals and ethics. Being principled also involves being able to explain the reasons for our actions.



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## Challenge 1: Happy and Sad Faces

- Make happy and sad faces out of playdough or drawings and together, talk about why they might be happy or sad.
- Encourage your child to give reasons why.



[www.happydough.co.uk](http://www.happydough.co.uk)

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## Challenge 2: Kindness Tree

- Make a kindness tree by planting a bare twig in a pot.
- Cut out some blank leaves from paper.
- When someone in your family does something kind or a good deed then put their name on a leaf and attach it to your tree.
- See how quickly your tree can grow!



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## Challenge 3: Helping out

- Together, talk about why it is important for families to help each other.
- Give each other a responsibility – a job or task to do!
- How about...feeding the family pet? Helping with the washing up? Keeping your bedroom tidy? Taking the bins out?
- Don't forget to praise each other when the jobs get done and reflect on how helping each other is the **right thing to do!**



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## Challenge 4: Recycle

- Together, have a discussion about why it is important to recycle and how to respect their environment.
- What happens to the rubbish in your house? Can any of it be recycled?
- Have two separate bins in your home, keeping one for recyclable products. You could even bring them into school for junk modelling!



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## Challenge 5: Egg Baby

- Turn a regular raw egg into your very own baby by drawing on a face and adding other features.
- Carry it everywhere with you for one day.
- Can you keep your egg from cracking? Take special care of your new family addition!
- Don't forget to name and take photos to show us how well you cared for him/her!





## Challenge 6: Real Life Heroes

- Use one of these great news websites to find out about a regular person doing a good deed.
- Talk together about the story, thinking about what you would have done in the same situation. Do you know a real life hero? **Could you become a real life hero?!**

[www.bbc.co.uk/newsround](http://www.bbc.co.uk/newsround)

[www.abc.net.au/btn](http://www.abc.net.au/btn)



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## Challenge 7: The boy who cried wolf



- There are lots of great stories that make you think about being honest and truthful.
- Read the story or watch *The boy who cried wolf* on YouTube.
- Is it ever ok to tell a lie? Why or why not?
- Can you create your own fable about telling the truth?

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## Challenge 8: Learn from each other

- The adults in our families are the wise and experienced ones! Get them to share a story with you about when they had to stand up for something they believed in.
- Ask them questions – why did they make that decision?
- What can you learn from the story?



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To inspire every child to recognise their full potential, believe they can make a difference and respect themselves, others and the world in which they live.