

respectful



Discover



iCAN personal goals

Early Years
Milepost 1

respectful



At iCAN we are polite and kind to everyone and the world around us. This means we understand that others have needs that are sometimes the same as ours, but sometimes different. We can understand and show respect for these needs in people, other living things and the environment.

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Challenge 1: Family Dinner Time

Set a time where all family members can get involved in dinner time. Give each family member a task to complete. It could be to write a recipe, set the table, prepare the ingredients and all eat together. Take photos of the food you cooked and ate together. Make sure you help wash the dishes afterwards!

Here are some lovely recipes to try.

<http://www.bbcgoodfood.com/recipes/2451637/cooking-with-kids-spaghetti-and-meatballs-with-hid>

<http://www.bbcgoodfood.com/recipes/2451648/cooking-with-kids-fajitas->

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Challenge 2: Create a robot from recycled packaging

We use lots of packaging for the things we buy and use. Can you use some left over recycled things to create a robot? It can be any shape or size. Try decorating it with plaster paris and painting it too! Speak with your children on respecting the community and environment and other ways we can recycle unwanted packaging.

<http://www.activityvillage.co.uk/recycling-crafts>



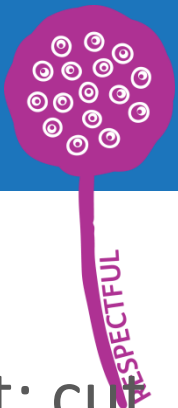
Challenge 3: Read a story about respect

Giraffes can't dance by Giles Andreae is a lovely story to share with your child.

Here is the youtube version:

<https://www.youtube.com/watch?v=G745TRCIVo>

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Challenge 4: Photo Album

Collect photos of people you and your children respect; cut them out and create a photo album. Under each photo, explain why they are respected.



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Challenge 5: Design a

Superhero!

Draw, cut and colour a superhero with respectful super powers. What does your superhero look like? How do they help to show the world respect?

You can find lots of templates and ideas here:

<https://www.pinterest.com/explore/superhero-template/>

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Challenge 6: Make a Thank You

card

Help your child to make a special thank you card for someone of their choice, who they feel has done something for them. Discuss with your child the importance of saying thank you and how it makes others feel. Here are some ideas!



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Challenge 7: Piece of artwork

Choose bright colours to represent an older family member - think about their personality, hobbies and interests. Create a piece of artwork which represents this person who is respected in your family.

You could create a painting, sculpture, poster or drawing. This will make a lovely gift for that special relative!

This website has great ideas!

<http://artfulparent.com/kids-arts-crafts-activities-500-fun-artful-things-kids>

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Challenge 8: Compose a song

Help your child to create a song about respect. Your words should tell why respect is important and how we can show it. Write the down on a piece of paper and sing it. Maybe you could add in instruments!

This website has some tips!

<http://www.kidzworld.com/article/24798-how-to-write-songs>

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To inspire every child to recognise their full potential, believe they can make a difference and respect themselves, others and the world in which they live.