

Respectful



Discover



iCAN Personal Goals

Milepost 2
Milepost 3

Respectful



At iCAN we are polite and kind to everyone and the world around us. This means we understand that others have needs that are sometimes the same as ours, but sometimes different. We can understand and show respect for these needs in people, other living things and the environment.

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Challenge 1: Family dinner time

- Set a time where all the family can get involved in dinner time.



- Give everyone a task to complete. It could be to write a recipe; set the table; prepare the ingredients and all eat together. Take photos of the food you cooked and ate together. Make sure you help wash the dishes afterwards!

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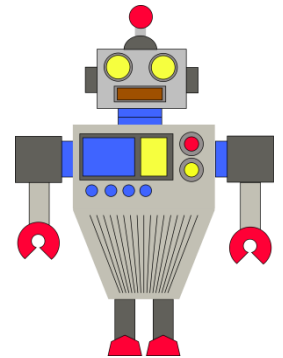
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Challenge 2: Recycled Robot

- We use lots of packaging for the things we buy and use. Can you use some left over recycled things to create a robot? It can be any shape or size. Try decorating it with papier-mâché and painting it too!
- Think about how you respect the community and environment and other ways we can recycle unwanted packaging.

<http://www.activityvillage.co.uk/recycling-crafts>



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Challenge 3: Make a movie

- Make a family movie which explains what respect means to you and what it means to different family members. Film some moments that show your family demonstrating respect.



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Challenge 4: Photo Album

- Collect photos of people you respect – they could be in your family or famous! Cut them out and create a photo album. Under each photo, explain why they are respected.



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Challenge 5: Design a Superhero!

- Draw out and colour a superhero with respectful super powers. What does your superhero look like? How do they help to show the world respect?
- You can find lots of templates and ideas here:



<https://www.pinterest.com/explore/superhero-template/>

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Challenge 6: Make a Thank You card

- Make a special thank you card for someone who has helped you. Think about the importance of saying thank you and how it makes others feel.
- Here are some card ideas!



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Challenge 7: Family Portrait

- Choose bright colours to represent an older family member - think about their personality, hobbies and interests. Create a piece of artwork which represents this person who is respected in your family.
- You could create a painting, sculpture, poster or drawing. This will make a lovely gift for that special relative!
- This website has great ideas!

<http://artfulparent.com/kids-arts-crafts-activities-500-fun-artful-things-kids>



Challenge 8: Compose a song

- Create a song, chant or rap about respect. Your words should tell why respect is important and how we can show it. Write the down on a piece of paper and sing it. Don't forget to film it and add to our Padlet!
- This website has some tips!
<http://www.kidzworld.com/article/24798-how-to-write-songs>

Respectful



To inspire every child to recognise their full potential, believe they can make a difference and respect themselves, others and the world in which they live.