

Risk takers



Discover



iCAN personal goals

Early Years
Milepost 1

Risk takers



At iCAN we are willing to try new things that might not be easy for ourselves.

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Challenge 1 :Try a new sport

- With your family go to kids city and try something completely a new sport.
- Jot down what are the things you need to play this sport.
- Video the attempts you have made while doing it.



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Challenge 2: Blind Tasting

- Play with your family, split into two teams.
- One team will be blindfolded, while the other team will give the food .
- Try and guess what the food is.



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Challenge 3: Brushing your teeth with the other hand



- All the family members have to brush their teeth using the hand that you don't usually use.
- Record how long did it take to do it for each member.
- To make it more challenging and fun, try doing it blind folded.

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Challenge 4: Acting out / Story telling

- With your family try acting out a new story which you just read.
- With same story each members need to act it out with a different endings.
- Video it and add it to our iCAN padlet.



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Challenge 5 : Learning greetings in different language

- Each member learn greetings in different languages.
- Other members need to guess what the language is.
- How many right guesses did you make?



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Challenge 6: Find a song you like and make up a dance routine and perform it to others. Get moving!

<https://www.youtube.com/watch?v=L71PHP2E2kA>



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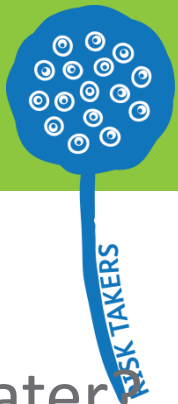
Challenge 7: Build a Cup Tower

- Use any recycled empty cans.
- See how tall you can build it.
- Remember to work on your balancing act.
- To make it more challenging take some risk.



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Challenge 8: Sink The Bottle

- Can you sink a plastic bottle without filling it with water?
- No other rules!
- What can you do to the bottle or fill the bottle to sink it?
- Use your imagination and find items around the room or yard.



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To inspire every child to recognise their full potential, believe they can make a difference and respect themselves, others and the world in which they live.